

Dear Adventurer Parents,

As the Texas Conference Adventurer Family Camp fast approaches, the excitement builds! I wanted to take time to review a few preparations to bear in mind when planning for a camp that will make your camping experience more enjoyable.

- The first aid station at camp is to provide emergency care or treatment to an injured or ill person before regular medical aid can be obtained. Plan ahead and bring some simple over-the-counter medications to treat potential ailments you or your child may develop while at camp.
- If you regularly take prescription medications, plan ahead and be sure you do not run out at camp. Even though we are blessed with a very responsive volunteer medical staff, ***we cannot dispense, prescribe, nor stock prescription medications***. This includes albuterol breathing treatments.
- Try to avoid attending camp if you or your child is sick. Besides the potential of spreading the illness to others at camp, it can make for a rather unpleasant experience.
- People (children and adults alike) with a history of asthma, whether past or present, should bring their medications with them as we will not be providing prescription medications at the first aid station. Remember also, to bring any nebulizer tubing and nebulizer machine with you to camp. We will have electrical outlets available in the first aid station to run your nebulizer machine. Those in need of asthmatic treatment that do NOT have medication with them will be referred to the nearest medical facility that can provide you with any needed treatments.
- Lake Whitney Ranch is a hay field. Those with strong hay allergies, especially those who have a history of serious allergic reactions to hay, should give careful consideration to attending this camp due to the inevitable exposure to hay.
- ***Do not forget*** your Epi-pen if you have been directed to carry one by your physician. We do NOT carry emergency epinephrine and will call 911 if there is a suspicion of a severe, life-threatening allergic reaction.
- Be sure to have a current, completely filled out, and signed medical consent form on file with your club director ***before coming to camp***. This includes both adults and children alike. Parents/legal guardians must sign any minor's consent form. The correct and current medical consent form can be downloaded from <https://drive.google.com/file/d/1TDtwa0hb9RY6fmVrT4rBFytHRIEP0bfY/view?usp=sharing>
Please voice any questions, concerns, or suggestions regarding the contents of this letter to your club director, who can then forward them to your Adventurer Area Coordinator. We will provide feedback as expediently as possible.

Thank you so much for your cooperation in making the Texas Conference Adventurer Family Camp a blessed experience for all. Looking forward to seeing you all at camp!

In His Service,

Patricia Innis, APRN, FNP-C

Texas Conference Adventurer Medical Coordinator